



Learning in EYFS:

What PE Subject Leaders Need to Know

The EYFS framework is structured very differently to the national curriculum as it is organised across seven areas of learning rather than subject areas. The aim of this document is to help subject leaders to understand how the skills taught across EYFS feed into national curriculum subjects.

This document demonstrates which statements from the 2020 Development Matters are prerequisite skills for PE within the national curriculum. The table below outlines the most relevant statements taken from the Early Learning Goals in the EYFS statutory framework and the Development Matters age ranges for Reception to match the programme of study for PE.

There are no longer specific ELGs or development matters statements for PE. However, we still expose children to experiences involving technology and teach them the necessary skills as part of our Curriculum. The most relevant statements for PE are taken from the following areas of learning:

- Physical Development
- Communication and language
- PSED

PE		
Reception	Physical Development	<ul style="list-style-type: none"> - Revise and refine the fundamental movement skills they have already acquired: <ul style="list-style-type: none"> • rolling • crawling • walking • jumping • running • hopping • skipping • climbing - Progress towards a more fluent style of moving, with developing control and grace. - Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming. - Combine different movements with ease and fluency. - Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. - Develop overall body-strength, balance, co-ordination and agility. - Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. - Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.
	Communication and language	<ul style="list-style-type: none"> - Understand how to listen carefully and why listening is important - Learn new vocabulary

	PSED		<ul style="list-style-type: none"> - Show resilience and perseverance in the face of challenge. - Build constructive and respectful relationships. - Know and talk about the different factors that support their overall health and wellbeing: <ul style="list-style-type: none"> - • regular physical activity - • healthy eating - • toothbrushing - • sensible amounts of 'screen time' - • having a good sleep routine - • being a safe pedestrian
ELG	Physical Development	Gross Motor Skills	<ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others. • Demonstrate strength, balance and coordination when playing. • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.
	Communication and language	Speaking	Participate in small group, class and one-to-one discussions, offering their own ideas, using recently introduced vocabulary.
		Listening, Attention and Understanding	<ul style="list-style-type: none"> • Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions. • Make comments about what they have heard and ask questions to clarify their understanding. • Hold conversation when engaged in back-and-forth exchanges with their teacher and peers.
	PSED	Self Regulation	<p>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</p> <ul style="list-style-type: none"> • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.
		Building Relationships	<ul style="list-style-type: none"> • Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers.

			<ul style="list-style-type: none">• Show sensitivity to their own and to others' needs
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