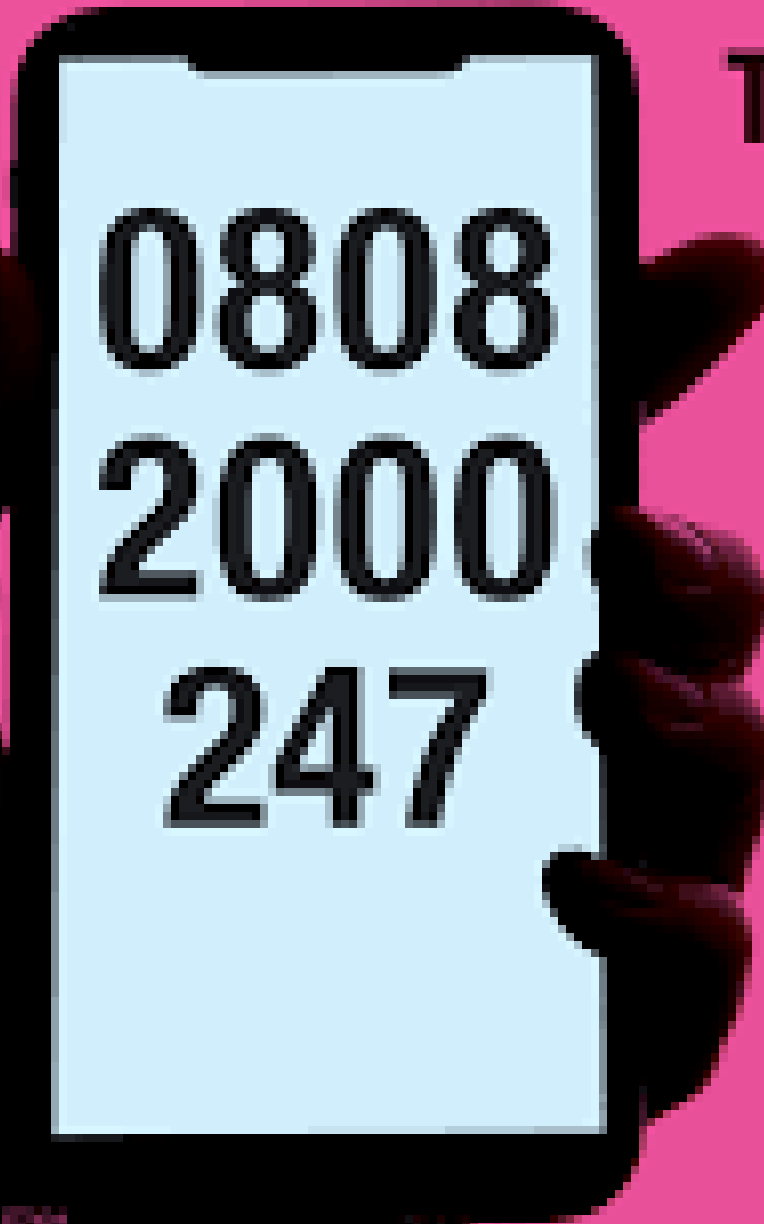


# Scared of your partner or ex?



0808

2000

247

**Talk to us any time,  
day or night.**

Freephone 24 hour National  
Domestic Abuse Helpline

Confidential,  
non-judgmental support

Or reach us online:  
[www.nationalDAhelpline.org.uk](http://www.nationalDAhelpline.org.uk)

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For women and children,  
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