



**Parent's Question**

**My child is really nervous about their residential what can I do to help?**



Some children really love the idea of going away and sleeping away from home and for some children the thought makes them really anxious. Please don't feel nervous coming and letting us know your child feels stressed, if we know we can help. We run small anxiety groups about residential and your child could be part of this and we spend lots of time prepping the children too. Speaking from experience (and I have been on many residential) the children absolutely love it, but sadly sometimes they don't believe you until they are on it! This can make it hard at home and can cause stress in the family. My advice is always encourage your child to attend. If they don't go, they miss out on so much bonding and life shaping experiences. On the run up make sure you are positive and excited yourself. If you show you are anxious they will pick up on this. Plan with your child, give them all the knowledge and if you don't know, ask. Practice sleeping out at a friend or family member's house. If your child has routines that are special, let us know and we can factor this in. If they have a teddy or comforter, they can bring this along. Ultimately if your child is very distressed we will ring you but we make this the very last resort. Quite often the children are so tired and occupied they don't have time to be homesick. Talk to your child about positive experiences you have had on school trips and make sure they feel happy to talk to staff. Talk to other parents who have had children attend residential too. Come and talk to us and we will get them through it together and they will be so much richer for the experience.

**Safeguarding Section**



**KEEPING CHILDREN SAFE IN EDUCATION**  
**WHAT YOU NEED TO KNOW**



A child means everyone under the age of 18.



Children need the right help at the right time to address risks



Remember 'it could happen here' where safeguarding is concerned.



We are all responsible for the welfare of children and keeping the environment safe, whatever our job.

**What is safeguarding?**

Safeguarding and promoting the welfare of children is defined as: protecting children from maltreatment; preventing impairment of children's health or development; ensuring that children grow up in circumstances consistent with the provision of safe and effective care; and taking action to enable all children to have the best outcomes.



**If you are concerned about the safety of a child, act!**  
Our Named Persons for Child Protection are Alice Jones, Gillian Dyson, Caroline Auty, Joanne Brown, Laura Smales and Oliver Thurlby

**Useful phone numbers:**  
School – 01535 642271  
Social Services Initial Contact Point 01274 437500  
NSPCC – 0808 800 5000  
West Yorkshire Police – 101 or 99