

COVID-19 – WHAT DO I DO NOW?

<u>LATERAL FLOW TESTS – should only be used if you have no symptoms.</u>

IF YOU HAVE SYMPTOMS - you must get a PCR test.

Symptoms are still classed as: A high temperature

A new continuous cough

Change to sense of taste or smell.

- Primary school aged children do not need to do regular testing like Secondary school children are doing. However, if you have access to lateral flow tests it seems sensible to do this if you are happy to.
- If your child tests positive on a LFT, you only need to get a PCR test if they then start to develop symptoms then follow advice from NHS Test and Trace as normal.
- If your child tests positive on a LFT they must isolate.
 On day 6 of their isolation, they can do another LFT.
 If this is negative, do another test (24 hours later).
 If the day 7 test is negative, isolation ends.
 If any are positive, continue isolating for the full 10 days.
- Please always advise the school office if your child is going to be off school and the reason why stating if COVID symptoms and date of positive test result where applicable.