



Join the PTA!



A message from Mrs Jones



I am writing this newsletter just after being in KS1's Celebration assembly and gosh does that remind me why I love my job!

Smiling, proud parents, children cheering for their friends, celebrating achievements and laughing. It is moments like this that I love, moments where I feel truly honoured to do the job I do in this amazing village.

Oxenhope Friends

We are very lucky in Oxenhope to have a fantastic and active PTA.

The friends of Oxenhope are such a champion for our school and work tirelessly to ensure they not only provide experiences for families and children but raise money which will enrich all our children's education.

I cannot stress how much we need and value this organisation. If you would like to join this friendly and welcoming group please contact the school office and they will put you in touch.

There is also a meeting on the 4.10.21 at the Bay Horse Pub at 7.30 – feel free to bob along.

Covid -19

As you will have noticed we are getting more and more cases of Covid-19 in school.

We are reporting these numbers to the government and to our Trust and we are liaising with our Health and Safety teams. Our numbers are typical at the moment and I want to thank you all for your quick responses, common sense and communication. We are all working within the government guidance and in line with our risk assessment.

Please remember if you are worried or in doubt call us for a chat and get tested.



A music concert

We are really excited to welcome the Bradford Music Team next Friday. They will perform a concert for KS2 children in the afternoon. This is a fun and exciting concert which immerses children in live music and inspires them to engage in music and maybe encourage the musicians of the future.



Notices

- ✓ Year 5 start swimming on Monday
- ✓ Year 6 have now stopped swimming
- ✓ Year 3 are attendance winners and can come in non-uniform on Friday the 8th
- ✓ You no longer need to leave things in the drop-off box at the office door. Please come in and say hi to the office staff who will be happy to help and deliver things to your children.





Parent's
Questions

Does every parent struggle?

The short answer to this question is yes! At some point during bringing up a child you will feel overwhelmed and stressed. Parenting is full of unknowns and questions, and the worst thing is when you look around and everyone else seems to be coping. We are constantly bombarded with images and information that put pressure on us into being the perfect parent when actually no such thing exists – how can it? Each parent is different and so is each child. Cut yourself some slack, your child is fine in school, happy and settled. If they do not have their snack, their t-shirt isn't ironed within an inch of its life or if they have to wear their trainers one day because they only tell you their shoes don't fit as you're walking out the door – that's ok! No-one is judging you here I promise. If you find however that the harder days outweigh the bad, my message to you is you are not alone.

I myself have had some bleak parenting moments, times where I haven't felt good enough or that parental guilt gets too much. I've also had days where I could quite happily get in the car and drive away. This is all normal but it's important to talk, share and feel supported. Taking control of negative feelings shows that you are indeed a good parent. My advice is come and see us, stop looking at picture perfect scenes on social media of unrealistic situations and take the small wins – my child brushed his teeth today and only needed reminding 4 times not the usual 20!

Below are some useful numbers and people to contact if you feel the dark feelings taking control:

Your GP – Make an appointment to talk

Samaritans – Samaritans.org 116 123

Mind – mind.org.uk 0300 123 3393

CALM (for men) thecalmzone.net 0800 58 58 58

It's Worth Talking About - <https://itsworthtalkingabout.org/> 07706 024336

Shout Crisis Text Line - 85258



FREE WORKSHOP

Helping your child with Anxiety parent and carer workshop with Seba Thompson – 5th November 2021- if you would like attend contact the school office - 01535642271

Safeguarding Section

If you are concerned about the safety of a child, act!
Our Named Persons for Child Protection are Alice Jones, Gillian Dyson, Caroline Auty, Joanne Brown, Laura Smales and Oliver Thurlby

Useful phone numbers:

School – 01535 642271

Social Services Initial Contact Point 01274 437500

NSPCC – 0808 800 5000

West Yorkshire Police – 101 or 99