Parent's Questions

What is the school's behaviour procedure?

It is a primary aim of Oxenhope C of E Primary School that every member of the school community feels valued, nurtured, respected and that each person is treated fairly and well. We are a caring community, whose values are built on mutual trust and respect for all. The school's behaviour policy is therefore designed to support the way in which all members of the school can work together in a supportive way. It aims to promote an environment in which everyone feels happy, safe and secure. The school has a number of rules, but our behaviour policy is not primarily concerned with rule enforcement. It is a means of promoting good relationships, so that people can work together with the common purpose of helping everyone to learn. This policy supports the school community in aiming to allow everyone to work together in an effective and considerate way. The school expects every member of the school community to behave in a considerate and respectful way towards others. We treat all children fairly and apply this behaviour policy in a consistent way. This policy aims to help children grow in a safe and secure environment, and to become positive, responsible and increasingly independent members of the school community preparing them to be good citizens in the wider community. The school recognises and promotes good behaviour, as it believes that this will develop an ethos of kindness and cooperation. This policy is designed to encourage good behaviour, rather than merely deter anti-social behaviour.

To find out more about how we manage behaviour at school follow this link to our policy:
https://www.oxenhopeprimary.org.uk/wp-content/uploads/2021/06/Behaviour-policy-March-2021.pdf

Safeguarding Section

Important DATE!

FREE WORKSHOP

Helping your child with Anxiety parent and carer workshop with Seba Thompson – 5th November 2021- if you would like attend contact the school office - 01535642271

If you are concerned about the safety of a child, act!
Our Named Persons for Child Protection are Alice Jones, Gillian Dyson, Caroline Auty, Joanne Brown, Laura Smales and Oliver Thurlby

Useful phone numbers:
School – 01535 642271
Social Services Initial Contact Point 01274 437500
NSPCC – 0808 800 5000
West Yorkshire Police – 101 or 99

Children are increasingly connecting with the world through digital media. With technology constantly changing, it can be hard knowing how to keep your children safe and healthy online. **What you can do** is help minimise the negative impact on your child, while encouraging healthy internet use to maximise the benefits. Some useful tips are:

1. Remember: the internet isn't all bad
In fact, research shows there are many benefits to young people going online. From connecting with friends and relatives to following piano lessons or researching homework, it provides a wealth of opportunities for education and enrichment. Find out what your children are using and focus on positives.

2. An internet ban is rarely helpful
This is almost impossible when access is so widely available. It is also likely to be counter-productive, encouraging secretive rather than open use as well as denying the many benefits the internet has to offer.

3. Be age-appropriate
All the suggestions below need to be age-adapted. Young children usually like attention from you and don't own their own device, whereas teenagers may find it intrusive and stick to their own screens. Balance respecting their desire for privacy with letting them know you're there for them to talk to. With younger children, also use your devices' parental controls. Whatever their age, agree any restrictions together.

4. Keep talking
Being open to discuss things in an age-appropriate way is key to helping them stay safe. It ensures your children can come to you if they are worried about their online activity or something they have seen, and vice versa.

5. Use the internet alongside your child
When you go online with your child it encourages social rather than isolated use and provides opportunities to discuss staying safe online. Show a respectful interest in what they are doing, even if they want to use the internet independently.

6. Promote good sleep habits
Encourage everyone to turn off their screens at least 1 hour before bedtime. Leave phones, laptops etc. out of the bedroom and buy a separate alarm clock to wake up to. Don't forget it helps to lead by example!

7. Encourage active rather than passive use
Being actively involved in doing things, such as creating or responding to Facebook posts, can have a positive impact on wellbeing. Passive use – like scrolling without interacting – can lower wellbeing and life satisfaction.

8. Break the 'filter bubbles'
Online companies use algorithms to show you things similar to what you've seen before, reinforcing current interests rather than suggesting new topics. Teach your child how to interrupt these by searching new areas or questions of interest.

9. Talk to your child about body image
It can be difficult for children (and adults) to distinguish between what's a healthy body image and what's not. Try to normalise diversity – we all come in different shapes and sizes, there isn't one ideal body shape, and beauty comes in many different forms not just airbrushed or filtered 'perfection'. For example, if you watch a program together you can point out things that are unrealistic.

10. Promote healthy sexual attitudes
Difficult though it is to speak to your child about sex, it's important they don't get all their information from the internet as this can lead to distorted expectations. If you see something obviously unrealistic, make sure they know it!

11. Look out for warning signs
If you notice a change in your child's behaviour, like spending lots more time alone in their room, avoiding friends, or a shift in their mood, speak to them about your concerns. Make sure you both know what help is out there (on- and off-line) and seek advice from your school or GP if you need extra support.

Our children learn how to use technology from us, even if they use it for different things. Often what we do affects them more than what we say, so if this list is a challenge to your own habits take the opportunity to decide to make your own use healthier as well. You will both benefit and avoid future arguments too!

Oxenhope CoE Primary
Cross Lane
Oxenhope
BD22 9LH

T.   01535 642271
W.   https://www.oxenhopeprimary.org.uk/our-school/governors/
E.   office@oxenhope.bradford.sch.uk

A member of the bdat family