



How will I know my child is getting on at school?

We are always assessing your child during their time at school and we keep close records of their progress. We are very conscious of missed learning and we have already gathered information about what they need to be learning as individuals. At the end of this half term you will receive a report card which will give you information about where your child is academically, their next targets and comments about their effort and behaviour in school. You will receive a report card in October, December, April, May and then receive their end of year report in July.

In addition to this you will be invited to 3 parents and carer's consultations where you can chat to the teacher about your child's progress. These happen in November, March and July.

We run small interventions and our lessons are specifically planned to fill gaps in learning but also challenge. If you would like to discuss your child's progress or you are concerned please come and speak to us at any time – we are happy to help.

Safeguarding Section

If you are concerned about the safety of a child, act!

Our Named Persons for Child Protection are Alice Jones, Gillian Dyson, Caroline Auty, Joanne Brown, Laura Smales and Oliver Thurlby

Useful phone numbers:

School – 01535 642271

Social Services Initial Contact Point 01274 437500

NSPCC – 0808 800 5000

West Yorkshire Police – 101 or 99

Anxiety

Anxiety seems to be very prevalent across a lot of children at the moment. Realising that your child may be struggling with their mental health and experiencing anxiety or depression can be hard to accept. Sometimes parents can feel like it's their fault or want to know why their child is struggling with a mental health problem. This is completely understandable, but the most important thing you can do is to reassure your child and not judge them for how they're feeling.

- Ways to help a child who's struggling include:
- letting them know you're there for them and are on their side
- try talking to them over text or on the phone if they don't feel able to talk in person
- being patient and staying calm and approachable, even if their behaviour upsets you
- recognising that their feelings are valid and letting them know it's okay for them to be honest about what it's like for them to feel this way
- thinking of healthy ways to cope you could do together, like yoga, breathing exercises or mindfulness
- encouraging them to talk to their GP, someone at their school or Childline. Especially if they're finding it hard to talk at home.
- take care of yourself and get support if you need to. Try not to blame yourself for what's happening and to stay hopeful about your child's recovery.

If you or your child is struggling with depression or anxiety please come and speak to Mrs Dyson or Miss Smales our Pastoral Team