



Worried about children growing up in a modern, digital world that exposes them to the risk of exploitation?
DICE is a support programme for parents/carers of pre-teens and teens to raise awareness about the risks and provide advice and support.

NEW Online groups start:

Tuesday 15th September 1.00 - 3.00pm (Fozia & Katie)
Call **01274 434940** or Email Familyhubsouth@bradford.gov.uk

Wednesday 23rd September 12.30 - 2.30pm (Alexa & Rachael)
Call **01535 618005** or Email -
Familyhubkeighleyshipley@bradford.gov.uk

How it works:

- Parents receive DICE activities, reading materials and video links each week via email.
- Parents meet together in a small online group to discuss what they've learnt.
- There are four sessions each lasting no more than 90 minutes.

"One of her other friends had gone missing, and they asked who my daughter had been with and she told them and they said these men are possible groomers, I was so naive that I didn't even know what a groomer was"

"We thought he was just being a typical teenager spending time on his computer and phone. We didn't know that he was being recruited into crime"

Topics covered:

- **The Teenage Brain**
- **Exploitation and the grooming process**
- **Digital Dangers**
- **Parenting Top Tips & Support networks**