



'50 Things to Do Before You're Five' is a project, developed by the team at St Edmund's Nursery School in Bradford in partnership with parents, which is full of ideas and activities for families with young children.

It is a resource that offers experiences that build skills and language, supporting brain development in young children, as well as being fun!

'50 Things' is based on the simple idea that doing life-changing, fun, low-cost or no-cost activities with your family, and talking about them, is a great way to support the growth of your child's skills and confidence. Children with this great start in life, not only enter primary school much more ready to learn, but are more likely to be successful in their GCSE's and later in life.

There's lots of evidence that shows the benefits of parents getting involved in their child's learning. Children's language development improves by having early conversations from birth, with grown-ups who are interested in and love them.

The '50 Things to Do Before You're Five' project offers a wide range of activities from outdoor discoveries in woods, to exploring how sound changes in different places, to sharing stories and water play.

There is a free app and website, both found by searching for '50 Things Bradford' online, or on the Play store and App Store. Follow 50 Things to Do Before You're Five on Facebook, Instagram and Twitter for updates, relevant news and information about free events.

If you would like more information about this project, please contact Gillian Dyson or Victoria Clay in school. We will be working closely with Early Years practitioners in school and Pre-school to promote this wonderful Resource!

Look out for launches in this area.

Gillian Dyson

Pastoral & Learning Mentor.